

SACRED HEART BEAT

SEPTEMBER 2023

NEWSLETTER OF SACRED HEART PARISH

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WHY CATHOLICS ARE REQUIRED TO ATTEND SUNDAY MASS

I would like to share some of my concerns that I think are worth mentioning. My concern is about the very obvious drop in Mass attendance on Saturday evening and Sunday morning Mass in our own Sacred Heart Parish. Just a reminder that the requirement to attend Sunday Mass is straight out of the Catechism of the Catholic Church (No. 2174-2178). Attendance at weekend Masses is not optional.

Sunday Mass fulfills God's Law. The Third Commandment is, "Remember to keep holy the Sabbath day." The Christian Sabbath is Sunday, and Catholic's keep the Sabbath holy by fulfilling the obligation to attend Mass. The Commandment is not a suggestion or a request; it is a command or order. The law makes compulsory what we should do on our own.

Weekly Worship Follows Jesus's Example. Jesus was in the habit of going to synagogue on the Sabbath day along with his mother Mary and his step father Joseph. When Jesus was old enough he went on his own. If Jesus went to the synagogue to observe the Sabbath every week, we can and should go to Mass every week.

Sunday is a Day of Thanksgiving. Eucharist means thanks. It is right and just to give thanks to the Lord our God, and the Mass is the best prayer to offer thanks. God graciously blessed us with everything that we have; life and health, food and shelter, family, friends, intellect and talents, opportunity and resources – and faith. These gifts are awesome that we ought to be overflowing with gratitude and eager to give our thanks and praise. The ideal is to give thanks every day. Weekly thanksgiving is a bare minimum. If we give thanks only intermittently or rarely, we fail to adequately honor the Giver of the gifts.

Community Prayer is Essential. Christians pray together by nature, and the Mass is the premier form of communal prayer. Some make the unfortunate claim: "I can pray by myself and I do not need to go to Church." Usually the more negligent a person becomes with the Mass attendance; the more negligent the person becomes with private prayer.

Weekly Eucharist is Solid Spiritual Food. Most people are health-food conscious. It is important to eat properly every day to avoid hunger pains, weakness, malnutrition, and disease. It is the same with our spiritual life. We need to be spiritual – food conscious if we wish to avoid emptiness, spiritual weakness, vulnerability to temptation and sickness due to sin. The Mass begins with the Liturgy of the Word. God told the prophet Ezekiel, "Eat what is before you; eat this scroll" (Ez 3:1). God wanted him to devour his word, and God wants us to do the same. Peter accurately observed, "Master, you have the words of eternal life" (Jn 6:68). The second half of Mass is the Liturgy of the Eucharist. Jesus declared, "My flesh is real food, and my blood true drink" (Jn 6:55). Spiritual malnutrition begins when we go without Word and Sacrament for longer than a week.

Since I am a "Cradle Catholic", I began attending weekend Mass at a very early age, and I have continued my Mass attendance now into my retirement years. Call it the "Catholic guilt", if you want to, but I have always seen weekend Mass attendance as more of a privilege than an obligation, and not done out of guilt. I would hate to deny Christ by not attending his Mass.

Now that I am retired, I have discovered the joy of attending Mass even on the week days in the AM. I feel that in our parish that the daily morning Mass is the best kept secret of all. The Mass begins at 8:30 AM and lasts around 30 minutes. Weekday morning Mass is held in our very own "Holy Rosary Chapel" in our Parish Center. Seeing the morning sun shine through the beautiful stained glass windows is a real treat in itself. Try the morning Mass, I think you will like it! Of course, as mentioned above, the real treat for me is also attending weekend Mass, it is truly a celebration!

Source: Give me five good reasons why going to Mass every Sunday is absolutely necessary by Father Michael Van Sloun, pastor of St. Bartholomew Catholic Church in Wayzata, Minn.

Adult Religious Formation Team Commission: Kevin Simmons

FINANCE/PROPERTY COMMISSION

- ❖ Met August 8, 2023
- ❖ Members present: Dennis Wilson, Jim Damm, Jenny Ramsey, Tom Giessel, Jacques Molleker, Pam Huffles, Fr. Anselm. Unable to attend: Kathy Couchman
- ❖ Minutes of the July 18, 2023 meeting were approved.
- ❖ The group reviewed the financial reports for July 2023 which showed income of \$100,473.67 and expenses of \$27,193.40 for a monthly gain of \$73,280.27. It was noted that \$83,702.18 was a partial insurance payment for the Church, Rectory, Parish Center and Annex roof replacement. The July 2023 balance sheet showed assets of \$518,952.97 compared to \$480,566.55 at the end of July 2022.
- ❖ Window and Soffit replacements: Pam shared an email from C & V Home Improvement stating they hope to begin on the Annex windows the week of August 14.
- ❖ Golden Belt Telephone: We are waiting for notification that the fiber optic cable is connected for the Parish.
- ❖ Lighting in Parish Center Restrooms: Dennis will reach out to Hammeke Electric for an estimate.
- ❖ Roof Replacement: Waiting to hear from D.V. Douglass as to when the project will begin.
- ❖ Youth Group Room in Annex: It was noted that the High School Youth Group will be a larger group this coming PSR year. The room they gather in may not be big enough. Discussion was held. No solution was resolved at this time.
- ❖ Next meeting: September 19, 2023 @ 12:00 Noon

PASTORAL COUNCIL

- ❖ Met August 17, 2023
- ❖ Members present: Stephen Schartz, Tama Hanson, Judy Solko,, Steve Ehrlich, Larry Skelton, Doug McNett, Sr. Rebecca, Fr. Anselm. Council Commission Representatives: LeAnne Hammeke, Judy Damm, Kathy Kazmaier, Dennis Wilson, Mary Mitchell. Unable to attend: Lee Gilcris
- ❖ Stephen opened the meeting with the Pastoral Council Prayer.
- ❖ The minutes from the last meeting were approved following corrections.
- ❖ Fr. Anselm shared his vision for the Pastoral Council and his desire to include representatives from each council/commission as part of the Pastoral Council. He stated that he wanted to ensure that the Pastoral Council was operated as the "umbrella council" with representatives from the other groups providing a report of their activities and concerns. Fr. Anselm also would like to change the frequency of the Pastoral Council meetings to quarterly. A motion was made and passed to go to quarterly meetings following the September 21st meeting.
- ❖ New Business: Bishop Brungardt is scheduled to visit Sacred Heart Parish on September 23/24 for the installation of Fr. Anselm to Sacred Heart. It was noted that there is a pot-luck dinner scheduled for Saturday, the 23rd. The Altar Society will be contacted to provide cookies and light refreshments for Sunday the 24th.
- ❖ Fr. Anselm asked the group if there were areas of concern brought up by parishioners to better the look and flow of the liturgy. He voiced that he would like to make changes to the Altar Servers to include seating and training.
- ❖ Council/Commission reports were shared under new business.
- ❖ Next meeting: September 21, 2023 @ 6:00 PM

SEPTEMBER AT A GLANCE

- Sept. 4/5/6 ~ Parish Office Closed
- Sept. 5 ~ Choir Practice, 6:30 PM
- Sept. 5 ~ Knights of Columbus Meeting, 7:00 PM
- Sept. 6 ~ RCIA, 6:30 PM
- Sept. 7 ~ Benedictine Oblates Gathering, 11:00 AM
- Sept. 9 ~ "The Chosen" Season 3 with Pot-Luck, 6:00 PM
- Sept. 11 ~ Adult Faith Formation Group, 6:00 PM
- Sept. 12 ~ Game Morning, 9:30 – 11:30 AM
- Sept. 12 ~ Choir Practice, 6:30 PM
- Sept. 13 ~ RCIA, 6:30 PM
- Sept. 17 ~ Kapaun's Men Group, 8:45 AM
- Sept. 17 ~ Women's Study Group, 8:45 AM
- Sept. 18 ~ Adult Faith Formation Group, 6:00 PM
- Sept. 18 ~ Heart to Heart Ministry Meeting, 6:30 PM
- Sept. 19 ~ Lunch with Friends, 12:00 Noon
- Sept. 19 ~ Finance/Property Meeting, 12:00 Noon
- Sept. 19 ~ Liturgy Commission Meeting, 5:30 PM
- Sept. 19 ~ Choir Practice, 6:30 PM
- Sept. 20 ~ Holy Hour in Holy Rosary Chapel, 5:00 to 6:00 PM
Mass following Holy Hour, 6:00 PM
- Sept. 20 ~ RCIA, 6:30 PM
- Sept. 21 ~ Pastoral Council, 6:00 PM
- Sept. 22 ~ Columbus Club Chicken Fried Chicken Dinner, 5 to 7 PM
- Sept. 23 ~ "The Chosen" Season 3 with Pot-Luck, 6:00 PM
- Sept. 25 ~ Adult Faith Formation Group, 6:00 PM
- Sept. 26 ~ Choir Practice, 6:30 PM
- Sept. 27 ~ RCIA, 6:30 PM



**It's Time Once
Again for PSR!!**

Religious Formation is dedicated to helping others grow in faith, so that we may all experience a living, loving relationship with God. PSR gives the student's time to come together and learn more about their faith, with their peers, as a Church community. This year our classes will begin on **September 6th beginning with a Family Mass at 6:30 pm.** Fr. Anselm would like to address the parents, as well as the children. After Mass all are welcome to enjoy root beer floats at the Parish Center. **K-8th grades will meet from 6:15 to 7:30 pm.** This will allot time for a snack before classes begin. **High School Youth Group (9-12th grade) will meet from 6:30 to 8:00 pm** beginning with their meal before class. If you are willing to help provide a meal for the Youth Group, there is a sign up schedule in the Church vestibule. The Youth Group is also looking for individual snack items and bottled water. These items can be left at the Parish Center. We hope that you had a great summer living your faith, and we look forward to teaching your children more about our faith at PSR.

LeAnne Hammeke, DRE

SEPTEMBER PSR SCHEDULE

- Sept. 6 – Family Mass @ 6:30 PM / Root Beer Floats
- Sept. 13 – Regular Classes
- Sept. 20 – Regular Classes
- Sept. 27 – Regular Classes

SEPTEMBER BIRTHDAYS

- | | |
|-------------------------|-------------------------|
| (01) Andrew Froetschner | (16) Janell Barton |
| Clayton Kelty | Carlie Dipman |
| Tonya Sanders | Vicki Perez |
| (02) Joseph Theis | Jana Schartz |
| (03) Emily Racette | (17) Paulia Bailey |
| (04) Jaden Carlson | Dave Pfannenstiel |
| Denny Zook | (18) Dawn Smyth |
| (05) Jon Roy Kelty | (19) Joey Lamon |
| Marshall Newell | (20) Brian Hagerman |
| Shane Weiszbrod | (24) Bentley Hammeke |
| (06) Juan Ramirez Jr. | Brian Hammeke |
| Jim Zook | (25) Ann Schreiber |
| (07) Rusty Howard | (26) Isaac Lemuz |
| (08) Karver Froetschner | Cheryl Skalsky |
| Mya Hill | (27) Cason Couchman |
| (10) Megan Fitzsimmons | (28) Isabella Garcia |
| (11) Terry Martin | Mila McMillan |
| Aiden Tran | Jason Skelton |
| (12) Brenda Johnson | Kamille Smith |
| (13) Paul Skalsky | Mason Steinlage |
| (14) Shelley Bauer | Joan Wilson |
| Lacy Bowman | (30) Wesley Fitzsimmons |
| (15) Eleanor Bauer | Cheyenne VanSickle |
| Kay Schartz | |



SEPTEMBER ANNIVERSARIES

- (04) Jeff and Tiena Byrum
 (05) Paul and Susan Aistrup
 (08) Allen and Beverly Taylor
 (10) Rusty and Ramona Howard
 Matt and Kim Liston
 (12) Kevin and Felicia Davis
 Terry and Shelly Stanton
 (18) Tyson and Kathy Couchman
 Nolan and Emily Dreiling
 (20) Joe and Jean Simmons
 (21) Allen and Carie Perez
 (26) Shawn and Dawn Smyth
 (27) John and Pam Hutfles



CONGRATULATIONS!

Allen & Beverly Taylor ~ Married 50 years

Remember with Prayer

Frank Garcia
 Richard Wolf
 Rita O'Gwin
 Mary Klinge
 Marie Welden
 Brenda Martin
 Fr. Warren Stecklein
 Fr. Charles Mazouch
 Stan Durler
 Larry Trujillo
 Shauna Nwachukwu-Udaku
 Lindsey (Johnson) Gaylord



Sherry Lemuz
 Doris Schaller
 Leon Sanders
 Ryan Shelton
 Clayton Kelty
 Sue Haymaker
 Trenton Welsch
 Kevin Simmons
 Lee Durler
 Bert Schartz

All of our men and women serving in the United States Military, our homebound parishioners and those in care homes.

NET INCOME/EXPENSES BEGINNING JULY 1, 2023

	JULY	YTD
INCOME:		
Collections	15,585.00	15,585.00
Special Donations	105.00	105.00
Endowment		
Interest	21.49	21.49
Farm		
PSR		
Fundraisers		
Miscellaneous	84,762.18	84,762.18
TOTAL	\$100,473.67	\$100,473.67
EXPENSES:		
Stewardship	1,467.69	1,467.69
Salaries	17,687.32	17,687.32
Insurance	2,532.00	2,532.00
Utilities	1,621.56	1,621.56
Maintenance	980.00	980.00
Improvement		
Office	1,206.00	1,206.00
PSR	745.04	745.04
Farm		
Miscellaneous	953.79	953.79
TOTAL	\$27,193.40	\$27,193.40
		YTD: \$73,280.27



GAME MORNING

Tuesday, September 12 ~ 9:30 to 11:30 am

Parish Education Center

Come enjoy the entertainment, laughs and fellowship.
 Refreshments will be provided!



Lunch Time

"Lunch with Friends" will be Tuesday, September 19th at 12:00 Noon in the Parish Center. All are invited to come enjoy lunch and visit. Please call Pam at 620-285-2035, by September 15th if you plan to attend so that enough food is prepared. We look forward to seeing you for lunch!

MONDAY EVENING ADULT FAITH FORMATION GROUP

The Adult Faith Formation Group will again have weekly meetings on Monday evening's beginning on September 11th at the parish center. Sessions will begin at 6:00 pm and last about an hour. A wide variety of topics will be discussed during the sessions, giving participants an opportunity to learn more about the teachings of the Catholic Church, as well as sacred scripture. All are welcome to attend. If you have any questions, feel free to call Regis Lopata at 620-285-2684.



SACRED HEART PARISH
1111 STATE STREET
LARNED, KS 67550

Return Service Requested

Non Profit Org.
Bulk Rate
U.S. Postage
PAID
Larned, KS 67550
Permit No. 41



Larned Columbus Club
Chicken Fried Chicken Dinner

Friday, September 22nd

5:00 to 7:00 pm

Dine In or Carry Out

\$12.00 per Meal

K of C Hall on Scenic Drive – 1216 M Road