



SACRED HEART BEAT

FEBRUARY 2026

NEWSLETTER OF SACRED HEART PARISH

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Understanding the Mass as Biblical (Part 2)

The following article is a continuation of the December Heart Beat article.

This additional notation regarding Intercessory prayer is added because it is especially important to pray for our Government leaders whether we agree with them or not.

Liturgy of the Eucharist

We are entering into the highest point of our lives. First is the *Offertory* where gifts are brought to the altar. (Mt 5:23), 'if you are you offering your gift at the altar and remember that your brother has something against you, leave your gift there'. The gifts that the people give to the priest are then given back to the people by the priest after they have been transformed. So, you give a simple, natural gift. The priest transforms it into a supernatural gift and returns to us. We often think that the Offertory is where the Church is begging for money. Are Catholics required to tithe 10%? No! We are required to fast, pray and alms giving. We tithe because God supplies all of us everything we have and only asks for a portion of it back. This is about God being generous. We just give a little back so that the work of the Church can be done.

Preparation of gifts: 2 purposes. The bread and wine are to be offered in sacrifice of God and to prepare the priest and the people to be offered to God. This is the time to attach the things in your heart to the paten that is brought forward. Bring yourself to Him for transformation. Are we preparing ourselves to be transformed? Even the angels come forward and kneel around the altar holding their vessels. This preparation goes back to when people would bring the bread and wine from their own homes. *Blessed be God forever* – these words are the exact words that Jesus would have spoken at the Last Supper. They are the Jewish Eucharistic Meal prayer.

The priest will place a drop of water into the Chalice holding the wine, it represents Christ's humanity mixed into the cup with his divinity. The 2 are put together. The priest says quietly "But by the mystery of this water and wine, may we come to share in the divinity of Christ who humbles himself to share in our humanity". The water cannot be separated from the wine again. Jesus's humanity can never be separated from his divinity. When the priest washes his hands, this is a symbolic cleansing of sins from the priest to allow him to confect the Eucharist for a valid Mass. The priest says, "Wash me, Oh Lord, from iniquity and cleanse me from my sin". The only form of perfect prayer is in the Mass; God is offering God to God.

The Lord be with you. (Ruth 2:4) And with your Spirit. (2 Tim 4:22) Lift up your hearts (Lamentations 3:41). Let us give thanks to the Lord our God. (Col 1:3) as we always give thanks to God. It is right and just. (Proverbs 21:3) The Preface is read by the priest next which is specific to the season. Prayers of the Mass are addressed to God the Father. Holy, Holy, Lord God of Hosts (Is 6:3) are words that were spoken when Jesus rode into

Jerusalem on Palm Sunday. Eucharistic Prayers are full of scriptural references. Prayer 2 – (Raises his hands and looks up) You are indeed holy, oh Lord, the fount of all holiness. (2nd Maccabees 14:36). Epiclesis – the priest is calling the Holy Spirit to come down to change the bread and wine into the body and blood of Christ by the ministry of the priest. *Make holy therefore these gifts we pray by sending down your spirit upon them like the dewfall that they may become the body and blood of our Lord Jesus Christ.* (Jn 6:53) Two forms of blessings are used during the epiclesis; extending the hands over the bread and wine and then making the sign of the cross over them. Later the priest will call the Holy Spirit to transform you. We must be transformed just like the bread and wine. *At the time he was betrayed and entered willing into his passion* (Lk 22:3) *and entered into his passion* (Jn 10:17) *Take this all of you and eat of it for this is my body which will be given up for you. In a similar waytake this and drink of it... do this in memory of me.* At this moment the bread and wine are being transformed in substance into the body and blood of Christ. (transubstantiation) Mk14:22 or 1 Cor 11:24 Non-Catholics will say that remembrance is symbolically remembering what Jesus said at the Last Supper. The word remembrance in Greek is anamnesis means to make present for all eternity. This is what the Mass does. You are actually at Calvary. *This is the blood of my covenant which is poured out for many.* It previously said "all". The only person that Christ did not pour his blood out was himself. He died for everyone, for all of mankind. At the moment of consecration, a bell is rung (a tradition from the extraordinary form) The memorial acclamation: The mystery of faith – when we eat this bread and drink this cup... (1 Cor 11:26) *Therefore as we celebrate the memorial of this death and resurrection ...*(Jn 6:51) *Giving thanks that you have held us worthy...* (Mt 4:11) (Who is created higher, man or the angel? The angel is created higher than man by nature. Satan didn't have a problem until Jesus decided to become man. By grace we have been redeemed and man was elevated greater than angels.) Now we are ministering to Him by sharing in the divine life of God. *Humbly we pray* (1 Cor 10:16) *We are gathered into one by the Holy Spirit.* (1 Cor 10:16) This is the 2nd epiclesis where the people are transformed and sanctified by the Holy Spirit. *Remember Lord ...* (1 Cor 13:13) *Remember also our brothers and sisters who have fallen asleep....* (1Co 15:20) *Welcome into the light of your faith..* (Ps 31:15) *Have mercy on us all we pray...* (Lk 1:42) *We may merit to be coheirs...* (Romans 8:16)

The Concluding Doxology: (*We praise and glorify you through your son, Lord Jesus Christ.*) This is the high point of Mass according to many theologians. Our faith can be looked at as a circle. We are sanctified in every Mass. Heaven and earth are united in every way during Mass. All of creation is present because of the eternal sacrifice of the Son. We call the Mass a wedding. The bridegroom is Jesus and we are the Bride. When we come up the aisle, who is waiting for us? The groom enters

into us through the Eucharist. Remember the part where the angels come forward and kneel around the altar and are holding vessels? What is in them is what you bring to Mass, our worship, our pains, our joys, and our sorrows. Catholicism is the religion that God established. Who are we to tell God that we have decided to worship Him at home or somewhere else? We need to come here to celebrate the sacrifice of the Mass

Communion Rites: Our Father – (Mt 6:9) (Titus 2:13) We should not do the orans position (hands up) as that is a priestly position. *Peace I leave you, my peace I give you.* (Jn 14:27) *The peace of the Lord be with you always* (Jn 20:19) Fraction rite – breaks the host and places a small piece of the host and places it into the chalice which shows the uniting of the body and blood of Jesus. This is a sign of the resurrection; his body is reunited with his blood. *Lamb of God.....* (Jn 1:29) When the priest elevates the host, he says *behold the lamb of God* (Rev 19:9) Lord I am not worthy (Mt 8:8) How do we receive Holy Communion? Bow your head at the waist, you may receive either on the tongue (preferred method) or in the hand. Cradle your left hand above the right hand like a platform to show reverence. Return to your pew and say thank you, don't leave immediately. The priest then cleanses the vessels after Communion. Prayer after Communion is based on the season. Concluding rite: *The Lord be with you....* (Mt 28:19) A blessing is always meant to give spiritual strength into someone who is blessed. We respond "Amen" which means I believe. *Go in Peace!* (Lk 7:50) My faith has just saved me! Thanks be to God (2 Cor 9:15) Go, see the church is being sent!

This information was obtained from Fr. Chris Alar's video Understanding the Mass, A Walk Thru. He is with the National Shrine of the Divine Mercy in Stockbridge, MA. Mary Mitchell and Cathy Grover, ARF Commission

Parish Pictorial Directory



Sacred Heart is producing a new pictorial directory (It's been almost 8 years). Local Photographer Lyndsay Perez will be taking the pictures at our Sacred Heart Parish Education Center, 1119 State Street on **February 21, 22 & 24**. Please take a minute to stop by the table in the church vestibule on the weekend or at the parish office during the week to schedule your appointment. (Please sign-up by February 15th) Every family that has their picture taken will receive a free pictorial directory. A minimum of \$20 purchase is required (cash or check only). You can choose from 8x10, 5x7 or 4x6 photos. The prints will be available in approximately 3 weeks from the photography date. We will need a few volunteers to help during picture taking times. If you are interested in helping, please call Pam at the Parish Office 620-285-2035. Pastoral Council is encouraging everyone to sign up so our parish can have an updated directory. Thank you for your support of this project.

DISPOSING OF OLD PALMS



If you would like to properly dispose of old palms, you may leave them in the basket in the church vestibule or bring them to the parish center so they can be burned and used for ashes on Ash Wednesday.

FEBRUARY AT A GLANCE

- Feb. 1 ~ February Birthday/Anniversary Blessings, 11:30 AM
- Feb. 1 ~ Andrew Dinner (High School) @ Sacred Heart, 6-8 PM
- Feb. 2 ~ Adult Faith Formation Group, 6:00 PM
- Feb. 3 ~ Choir Practice, 6:30 PM
- Feb. 3 ~ Knights of Columbus Meeting, 7:00 PM
- Feb. 4 ~ Adoration, 9:00 AM – 2:00 PM
- Feb. 4 ~ No OCIA
- Feb. 5 ~ Holy Hour, 9:00 AM – 10:00 AM
- Feb. 5 ~ K of C Sausage Supper, 5:00 to 7:00 PM
- Feb. 8 ~ "The Chosen", 11:30 AM
- Feb. 9 ~ Adult Faith Formation Group, 6:00 PM
- Feb. 9 ~ Altar Society Meeting, 6:30 PM
- Feb. 10 ~ Game Morning, 9:30 to 11:30 AM
- Feb. 10 ~ Choir Practice, 6:30 PM
- Feb. 11 ~ Adoration, 9:00 AM – 2:00 PM
- Feb. 11 ~ OCIA, 6:30 PM
- Feb. 12 ~ Benedictine Oblates Gathering, 11:00 AM
- Feb. 13 ~ Larned Community Blood Drive, 12:00 to 6:00 PM
- Feb. 15 ~ Kapaun's Men Group, 8:45 AM
- Feb. 15 ~ Women's Bible Study Group, 8:45 AM
- Feb. 15 ~ "The Chosen", 11:30 AM
- Feb. 16 ~ Adult Faith Formation Group, 6:00 PM
- Feb. 16 ~ Heart to Heart Ministry Meeting, 6:30 PM
- Feb. 17 ~ Lunch with Friends, 12:00 Noon
- Feb. 17 ~ Choir Practice, 6:30 PM
- Feb. 18 ~ Ash Wednesday Masses: 7:00 AM, St. Bernard, Belpre 12:00 PM & 6:30 PM, Sacred Heart, Larned
- Feb. 19 ~ Pastoral Council Meeting, 6:00 PM
- Feb. 20 ~ Columbus Club Fish Fry, 5:00 to 7:00 PM
- Feb. 20 ~ Stations of the Cross, 7:00 PM
- Feb. 23 ~ Adult Faith Formation Group, 6:00 PM
- Feb. 24 ~ Choir Practice, 6:30 PM
- Feb. 25 ~ Adoration, 9:00 AM – 2:00 PM
- Feb. 25 ~ OCIA, 6:30 PM
- Feb. 27 ~ Stations of the Cross, 7:00 PM
- Feb. 27/28 ~ "The Way of Peace" Lenten Retreat

February PSR SCHEDULE

- Feb. 4 – Regular Classes
- Feb. 6 – No CGS Session
- Feb. 11 – Regular Classes / Confirmation Class with Parents / Reconciliation following for Confirmation Students
- Feb. 13 – CGS Session
- Feb. 18 – Attend Ash Wednesday Mass @ 6:30 PM
- Feb. 20 – CGS Session
- Feb. 21 – Confirmation, 10:00 AM
- Feb. 25 – Regular Classes
- Feb. 27 – No CGS Session



February 18, 2026

Masses with distribution of ashes are:
7:00 am at St. Bernard, Belpre
12:00 pm at Sacred Heart, Larned
6:30 pm at Sacred Heart, Larned

FEBRUARY BIRTHDAYS

- | | |
|---------------------------|---------------------|
| (01) Wendy Sundahl | (15) Jenna Fisher |
| (02) Noah Stude | Bob Haymaker |
| (03) Kraig Froetschner | Marley Palmer |
| Alexandra Garcia | (20) Tiffany Garcia |
| Grace Kelty | Mary Smith |
| Leon Sanders | Chelsea Steffen |
| Camille Steffen | (21) Karl Grover |
| (04) Okey Nwachukwu-Udaku | David Schartz |
| Charlie Ridder | (22) Doug Smith |
| (08) Camille Bowman | (23) Scottie Dooley |
| (10) Greg Finger | (24) Waco Jacobs |
| (13) Maverick Munden | Ann Perez |
| | (26) Susan Latimore |
| | Lynn Streit |
| | (28) Billy Walker |



FEBRUARY ANNIVERSARIES

- | |
|-----------------------------------|
| (04) Chuck and Darlene Orth |
| (09) David and Kathy Hammeke |
| (13) Dan and Christina Ryan |
| (14) Bruce and Stacie Kozlowski |
| (15) Brad and Michele Collins |
| (18) Regis and Kathy Lopata |
| (20) Kraig and Amy Froetschner |
| (25) Brian and Kristy Hagerman |
| (28) Rosendo and Amanda Ceniceros |



CONGRATULATIONS!

Dan & Christina Ryan ~ Married 55 years
David & Kathy Hammeke ~ Married 52 years



DIED IN CHRIST

Sherry Lemuz ~ January 14, 2026

Remember with Prayer

Joe Simmons

Richard Wolf

Rita O'Gwin

Bert Schartz

Darlene Befort

Brenda Martin

Michele Collins

Stan Durler

Lindsey (Johnson) Gaylord

Shauna Nwachukwu-Udaku

Pam Theis

Darlene Orth



Tammy Orth

Karla Graham

Leon Sanders

Ryan Shelton

Clayton Kelty

Sue Haymaker

Trenton Welsch

Kevin Simmons

Bud Johnson

Lee Durler

Denis Gilcris

All of our men and women serving in the
United States Military, our homebound parishioners
and those in care homes.

NET INCOME/EXPENSES BEGINNING JULY 1, 2025

	DECEMBER	YTD
INCOME:		
Collections	37,638.32	108,603.82
Special Donations	890.00	7,505.00
Endowment		28,632.76
Interest	14.02	84.16
Farm		109.15
PSR	3,628.00	19,762.00
Fundraisers		676.00
Miscellaneous	<u>1,212.00</u>	<u>8,792.60</u>
TOTAL	\$43,382.34	\$174,165.49
EXPENSES:		
Stewardship	1,352.65	9,315.82
Salaries	14,115.49	84,565.04
Insurance		13,690.00
Utilities	3,195.58	17,701.01
Maintenance	517.89	9,398.63
Improvement		
Office	788.48	4,479.04
PSR	2,699.79	17,143.29
Farm	961.89	961.89
Miscellaneous	<u>3,041.62</u>	<u>8,180.19</u>
TOTAL	\$26,673.39	\$165,434.91
	YTD:	\$8,730.58

Confirmation

We welcome Bishop John Brungardt to Sacred Heart Parish on **Saturday, February 21st** as he confers the Sacrament of Confirmation at a 10:00 am Mass to this year's class: **Zoe Fitzsimmons, Sofia Gonzalez, Camden McDonald, Gabriel Mull, Natally Rodriguez, Kree Smith, and Amara Nwachukwu-Udaku.** A special thanks to Kristy Hagerman for preparing these young adults for this Sacrament and to their Laudator, Barbara Hammond. Our congratulations to all of the confirmandi, their sponsors and families!

Larned Columbus Club Fish Fry



Friday – February 20, 2026

Friday – March 6, 2026

Friday – March 20, 2026

5:00 to 7:00 PM

\$15.00 per meal

Dine In or Carry Out

K of C Hall on Scenic Drive ~ 1216 M Road



Stations of the Cross and Benediction
each Friday during Lent at 7:00 pm
Sacred Heart Church

February 2026 ~ MINISTRIES
Saturday @ 5:00 PM

Saturday, February 7 – 5th Sunday in Ordinary Time

Lector – Kathy Kazmaier

Eucharistic Ministers

Dennis Wilson (major) / Joan Wilson (minor)

Servers – Harleigh Ehrlich / Camille Steffen

Ushers – Jim Damm / Larry Skelton

Gifts – Toni Novotny / Lee Gilcris

Musicians – Alvin Hutfles / Karen McAllister

Sacristan – Kathy Kazmaier

Sanctuary Cleaning – Doug & Mary Smith

Saturday, February 14 – 6th Sunday in Ordinary Time

Lector – Cheryl Skalsky

Eucharistic Ministers

Toni Novotny (major) / Richard Wolf (minor)

Servers – Eli Ramsey / Ryan Ramsey

Ushers – Norman Dreiling / Paul Skalsky

Gifts – Roger & Dee Myers

Musicians – Alvin Hutfles / Maurice Schaller

Sacristan – Tonya Sanders

Sanctuary Cleaning – Kathy Hammeke

Saturday, February 21 – First Sunday of Lent

Lector – Ben Ramsey

Eucharistic Ministers

Cindy Perez (major) / Steve Ehrlich (minor)

Servers – Harleigh Ehrlich / Camille Steffen

Ushers – Richard Wolf / Kraig Froetschner

Gifts – Ben Ramsey Family

Musicians – Alvin Hutfles / Karen McAllister

Sacristan – Steve Ehrlich

Sanctuary Cleaning – Shauna Nwachukwu-Udaku

Saturday, February 28 – Second Sunday of Lent

Lector – Ray Colglazier

Eucharistic Ministers

Kathy Kazmaier (major) / Amy Froetschner (minor)

Servers – Eli Ramsey / Ryan Ramsey

Ushers – Dennis Theis / Mike Schartz

Gifts – Cindy Perez / Usher

Musicians – Alvin Hutfles / Maurice Schaller

Sacristan – Amy Froetschner

Sanctuary Cleaning – Cindy Perez

February 2026 ~ MINISTRIES
Sunday @ 10:30 AM

Sunday, February 8 – 5th Sunday in Ordinary Time

Lectors – Kristy Hagerman / Kathy Couchman

Eucharistic Ministers

Sr. Rebecca Otter (major) / Amanda Clark (minor)

Servers – Slade & Darby Sundahl / Emerson Sullivan

Ushers – Shane Sundahl / Clayton Kelty

Gifts – David & Rita O’Gwin

Musicians – Choir

Sacristan – Kristy Hagerman

Collection Counters: Jenny Ramsey / Jack Molleker

Sanctuary Cleaning – Doug & Mary Smith

Sunday, February 15 – 6th Sunday in Ordinary Time

Lectors – Sr. Rebecca Otter / Karl Grover

Eucharistic Ministers

Cathy Grover (major) / Kathy Hammeke (minor)

Servers – Wade Jacobs / Waco Jacobs / Amara Udaku

Ushers – Jason Hammeke / Nolan Dreiling

Gifts – Stephen & Kay Schartz

Musicians – Choir

Sacristan – Kathy Couchman

Collection Counters: Ray Colglazier / Norman Dreiling

Sanctuary Cleaning – Kathy Hammeke

Sunday, February 22 – First Sunday of Lent

Lectors – Sharon McGinness / Cathy Grover

Eucharistic Ministers

David O’Gwin (major) / Mary Mitchell (minor)

Servers – Zoe & Zane Fitzsimmons / Paizlynn Denning

Ushers – Craig Schartz / Mike Tanner

Gifts – Doug & Mary Smith

Musicians – Choir

Sacristan – David O’Gwin

Collection Counters: Kayla Lang / Craig Schartz

Sanctuary Cleaning – Shauna Nwachukwu-Udaku

Sunday, March 1 – Second Sunday of Lent

Lectors – Amy Simmons / John Kelty

Eucharistic Ministers

Sharon McGinness (major) / Berny Unruh (minor)

Servers – Emmet / Grace / Sarah Fisher

Ushers – Stephen Schartz / David Schartz

Gifts – Shane Sundahl Family

Musicians – Choir

Sacristan – Jane Kelty

Collection Counters: Kristy Hagerman / David O’Gwin

Sanctuary Cleaning – Cindy Perez

**Sign-up sheets are in the Church vestibule for the Ash
Wednesday Masses – February 18th @ 12:00 PM & 6:30 PM**