



SACRED HEART BEAT

SEPTEMBER 2026

NEWSLETTER OF SACRED HEART PARISH

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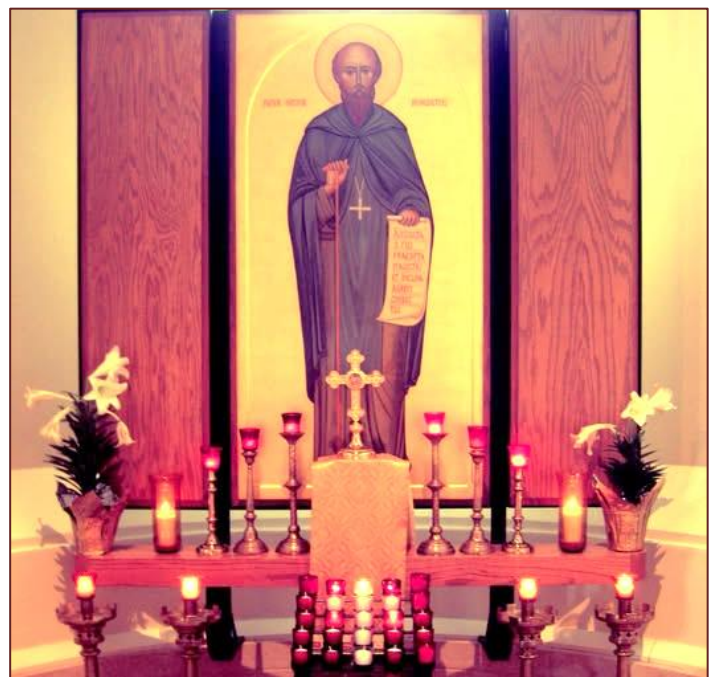
BENEDICTINE OBLATES

Are you familiar with the term “Benedictine Oblate”? There is a good chance you have never heard of this. The Benedictine part of the term refers to the Benedictine order of priests, monks, and sisters. This order was founded by St. Benedict about 1500 years ago, and he wrote a rule of life for the members of the order. The Rule of St. Benedict consists of 73 short chapters on how to live life as a member of the order. The longest chapter of the rule is on humility, and lists twelve steps to achieving the “highest summit of humility”. Benedictines have attempted to follow this rule for the past 1500 years.

According to a pamphlet from Conception Abbey in Missouri, “Oblates are Christian individuals who associate themselves with a Benedictine community in order to enrich their Christian way of life.” Oblates do not live in a religious community and they do not take vows. They promise to do their best to follow the Rule of St. Benedict in their own lives. Although the Rule was written for monks and sisters, there is much in it that can be applied to the lives of the laity.

The oblates of Conception Abbey are encouraged to do several things as part of their daily routine. These include at least praying Morning and Evening Prayer from the Liturgy of the Hours; periodically reading a portion of the Rule of St. Benedict; practicing “lectio divina”, a form of meditative reading, usually from scripture; and participating frequently in the sacraments of Eucharist and Reconciliation. Oblates are not required to be Catholics, but are expected to “be faithful to their denominational beliefs and practices.” Oblates should also be attentive to God's constant presence in their lives; maintain regular contact with Conception Abbey; and renew their oblation each year.

Sacred Heart is blessed to have four oblates associated with Conception Abbey. The oblates meet in the parish center once a month to discuss the Rule of St. Benedict. In addition, the abbey has two oblate retreats each year – one in the spring and one in the fall. During the retreats, the oblates have the opportunity to pray the Divine Office with the monks. The monks are always pleased to see the oblates during the weekend retreats. According to the Rule of St. Benedict “all guests be welcomed as Christ.”



Source: The Rule of St. Benedict and Oblates of St. Benedict pamphlet from Conception Abbey.

Adult Religious Formation Commission: Regis Lopata





SEPTEMBER
BIRTHDAY / ANNIVERSARY BLESSINGS
Sunday, September 6th – 11:30 AM
Parish Center
Hosted by: PSR Commission



GAME MORNING
Tuesday, September 8th ~ 9:30 to 11:30 am
Sacred Heart Parish Education Center



"LUNCH WITH FRIENDS"
Tuesday, September 15th at 12:00 noon
Sacred Heart Parish Education Center
Menu: "Salad Bar" without Lettuce!
Chicken & Ham Salad / Baked Beans / Chips / Desserts

RSVP to Pam at 620-285-2035 by September 11th

"SABINA" & "TORTURED FOR CHRIST"

The Sacred Heart Adult Religious Formation Team Commission is sponsoring two video viewings in September. On **Saturday, September 12th**, "**Sabina**" will be shown. "**Sabina**" is the story of how God's love transformed an ambitious, worldly atheist into one of the greatest Christian women of the 20th century. Experience a true story of biblical love and forgiveness. And on **Saturday, September 26th**, "**Tortured for Christ**" will be shown. "**Tortured for Christ**" (not recommended for young children) is a true story of Pastor Richard Wurmbrand following World War II. Filmed entirely in Romania including inside one of the prisons where he endured torture and solitary confinement, this powerful film will challenge every viewer to consider what it means to truly sacrifice for following Jesus Christ. These videos will begin at 6:00 pm in the Parish Education Center along with a pot-luck dinner. All are invited to attend.

MONDAY EVENING ADULT FAITH FORMATION GROUP

The Adult Faith Formation Group will again have weekly meetings on Monday evening's beginning September 14th at the parish center. Sessions will begin at 5:00 pm and last about an hour. A wide variety of topics will be discussed during the sessions, giving participants an opportunity to learn more about the teachings of the Catholic Church, as well as sacred scripture. All are welcome to attend. If you have any questions, feel free to call Regis Lopata at 620-285-2684.

SEPTEMBER AT A GLANCE

- Sept. 1 ~ Choir Practice, 6:30 PM
- Sept. 1 ~ Knights of Columbus Meeting, 7:00 PM
- Sept. 2 ~ Adoration, 9:00 AM – 2:00 PM
- Sept. 2 ~ OCIA, 6:30 PM
- Sept. 2 ~ Evening Holy Hour, 6:30 PM – 7:30 PM, (HRC)
- Sept. 2 ~ Women's Bible Study, 6:30 PM
- Sept. 3 ~ Benedictine Oblates Gathering, 11:00 AM
- Sept. 6 ~ September Birthday & Anniversary Blessings, 11:30 AM
- Sept. 7 ~ Parish Offices Closed / Labor Day
- Sept. 8 ~ Game Morning, 9:30 – 11:30 AM
- Sept. 8 ~ Choir Practice, 6:30 PM
- Sept. 9 ~ Adoration, 9:00 AM – 2:00 PM
- Sept. 9 ~ OCIA, 6:30 PM
- Sept. 9 ~ Women's Bible Study, 6:30 PM
- Sept. 10 ~ Stewardship Council Meeting, 6:00 PM
- Sept. 12 ~ Viewing of "Sabina", with Pot-Luck, 6:00 PM
- Sept. 14 ~ Adult Faith Formation Group, 5:00 PM
- Sept. 14 ~ Heart to Heart Ministry Meeting, 6:30 PM
- Sept. 15 ~ Lunch with Friends, 12:00 Noon
- Sept. 15 ~ Choir Practice, 6:30 PM
- Sept. 16 ~ Adoration, 9:00 AM – 2:00 PM
- Sept. 16 ~ OCIA, 6:30 PM
- Sept. 16 ~ Women's Bible Study, 6:30 PM
- Sept. 17 ~ Liturgy Commission Meeting, 5:00 PM
- Sept. 17 ~ Finance/Property Commission Meeting, 6:30 PM
- Sept. 20 ~ Kapaun's Men Group, 8:45 AM
- Sept. 20 ~ Women's Bible Study Group, 8:45 AM
- Sept. 20 ~ Catechetical Sunday at 10:30 AM Mass
- Sept. 21 ~ Adult Faith Formation Group, 5:00 PM
- Sept. 22 ~ Choir Practice, 6:30 PM
- Sept. 23 ~ Adoration, 9:00 AM – 2:00 PM
- Sept. 23 ~ OCIA, 6:30 PM
- Sept. 23 ~ Women's Bible Study, 6:30 PM
- Sept. 26 ~ Viewing of "Tortured for Christ", with Pot-Luck, 6:00 PM
- Sept. 28 ~ Adult Faith Formation Group, 5:00 PM
- Sept. 29 ~ Choir Practice, 6:30 PM
- Sept. 30 ~ Adoration, 9:00 AM – 2:00
- Sept. 30 ~ OCIA, 6:30 PM
- Sept. 30 ~ Women's Bible Study, 6:30 PM

SEPTEMBER RELIGIOUS EDUCATION SCHEDULE

- Sept. 2 – Regular PSR Classes
(2nd – 8th Grade, 6:15 – 7:30 PM / Youth Group, 6:30 – 8:00 PM)
- Sept. 9 – Regular PSR Classes
(2nd – 8th Grade, 6:15 – 7:30 PM / Youth Group, 6:30 – 8:00 PM)
- Sept. 16 – Regular PSR Classes
(2nd – 8th Grade, 6:15 – 7:30 PM / Youth Group, 6:30 – 8:00 PM)
- Sept. 23 – Regular PSR Classes
(2nd – 8th Grade, 6:15 – 7:30 PM / Youth Group, 6:30 – 8:00 PM)
- Sept. 23 – CGS, Level 1 Atrium, 3:45 – 5:45 PM
- Sept. 30 – Regular PSR Classes
(2nd – 8th Grade, 6:15 – 7:30 PM / Youth Group, 6:30 – 8:00 PM)
- Sept. 30 – CGS, Level 1 Atrium, 3:45 – 5:45 PM

As Religious Education begins to transition into a new method, please watch the newsletter and bulletins for dates and times.

SEPTEMBER BIRTHDAYS



- | | |
|-------------------------|-------------------------|
| (01) Andrew Froetschner | (16) Janell Barton |
| Clayton Kelty | Carlie Dipman |
| Tonya Sanders | Vicki Perez |
| (02) Joseph Theis | Jana Schartz |
| (04) Denny Zook | (17) Dave Pfannensti |
| (05) Jon Roy Kelty | (18) Dawn Smyth |
| Shane Weiszbrod | (20) Brian Hagerman |
| (06) Jim Zook | (21) Kelci Walker |
| (07) Rusty Howard | (24) Bentley Hammeke |
| (08) Karver Froetschner | Brian Hammeke |
| (10) Megan Fitzsimmons | (26) Isaac Lemuz |
| (11) Terry Martin | Cheryl Skalsky |
| Aiden Tran | (27) Cason Couchman |
| (12) Brenda Johnson | (28) Isabella Garcia |
| (13) Paul Skalsky | Jason Skelton |
| (14) Shelley Bauer | Kamille Smith |
| Lacy Bowman | Mason Steinlage |
| (15) Kay Schartz | Joan Wilson |
| | (30) Wesley Fitzsimmons |

SEPTEMBER ANNIVERSARIES

- (04) Jeff and Tiena Byrum
 (05) Paul and Susan Aistrup
 (08) Allen and Beverly Taylor
 (10) Rusty and Ramona Howard
 Matt and Kim Liston
 (12) Kevin and Felicia Davis
 (16) Brian and Lori Hammeke
 (18) Tyson and Kathy Couchman
 Nolan and Emily Dreiling
 (20) Joe and Jean Simmons
 (21) Allen and Carie Perez
 (26) Shawn and Dawn Smyth
 (27) John and Pam Hutfles
 Skyler and Summer Denning
 (30) Alex and Kelci Walker



CONGRATULATIONS!

Allen & Beverly Taylor~ Married 53 years



BAPTIZED IN CHRIST

Lainey Elizabeth, the daughter of
 Nolan & Emily Dreiling on August 16, 2026

Remember with Prayer

Joe Simmons

Richard Wolf

Rita O'Gwin

Bert Schartz

Darlene Befort

Brenda Martin

Michele Collins

Stan Durler

Lindsey (Johnson) Gaylord

Shauna Nwachukwu-Udaku

Pam Theis

Darlene Orth



Tammy Orth

Karla Graham

Leon Sanders

Ryan Shelton

Clayton Kelty

Sue Haymaker

Trenton Welsch

Kevin Simmons

Bud Johnson

Lee Durler

Denis Gilcris

Ben Kelty

All of our men and women serving in the
 United States Military, our homebound parishioners
 and those in care homes.



WOMEN'S BIBLE STUDY

Beginning

Wednesday, September 2nd – 6:30 pm

A new women's Bible Study is starting in September. We will be gathering for fellowship and discussing the Gospel reading for the following Sunday each Wednesday at 6:30 pm in the Sacred Heart Parish Education Center. Drop in when you are able and babies are welcome! For more information contact Abby Ridder (620-910-7132).



PARISH FUNDRAISER EVENT

Saturday, November 7th

Meal / Raffle / Games

Watch the October Newsletter
 for more details

September 2026 ~ MINISTRIES ~ Saturday @ 5:00 PM

Saturday, Sept. 5 – 23rd Sunday in Ordinary Time

Lector – Regis Lopata

Eucharistic Ministers

Steve Ehrlich (major) / Tonya Sanders (minor)

Servers – Eli Ramsey / Ryan Ramsey

Ushers – Norman Dreiling / John Wasinger

Gifts – Tonya Sanders / Usher

Musicians – Alvin Hutfles / Maurice Schaller

Sacristan – Jim & Judy Damm

Sanctuary Cleaning – Amy Froetschner

Saturday, Sept. 12 – 24th Sunday in Ordinary Time

Lector – Joan Wilson

Eucharistic Ministers

Kathy Kazmaier (major) / Amy Froetschner (minor)

Servers – Harleigh Ehrlich / Camille Steffen

Ushers – Steve Ehrlich / Roger Myers

Gifts – Matt & Kathy Stucker

Musicians – Alvin Hutfles / Karen McAllister

Sacristan – Steve Ehrlich

Sanctuary Cleaning – Kathy Hammeke

Saturday, Sept. 19 – 25th Sunday in Ordinary Time

Lector – Ben Ramsey

Eucharistic Ministers

Dennis Wilson (major) / Joan Wilson (minor)

Servers – Eli Ramsey / Ryan Ramsey

Ushers – Richard Wolf / Kraig Froetschner

Gifts – Dennis & Pam Theis

Musicians – Alvin Hutfles / Maurice Schaller

Sacristan – Tonya Sanders

Sanctuary Cleaning – Shauna Nwachukwu-Udaku

Saturday, Sept. 26 – 26th Sunday in Ordinary Time

Lector – Ray Colglazier

Eucharistic Ministers

Toni Novotny (major) / Richard Wolf (minor)

Servers – Harleigh Ehrlich / Camille Steffen

Ushers – Jim Damm / Larry Skelton

Gifts – John & Jacque Wasinger

Musicians – Alvin Hutfles / Karen McAllister

Sacristan – Amy Froetschner

Sanctuary Cleaning – Cindy Perez

September 2026 ~ MINISTRIES ~ Sunday @ 10:30 AM

Sunday, Sept. 6 – 23rd Sunday in Ordinary Time

Lectors – Sharon McGinness / Cathy Grover

Eucharistic Ministers

Kristy Hagerman (major) / Amy Simmons (minor)

Servers – Zoe & Zane Fitzsimmons / Paizlynn Denning

Ushers – Shane Sundahl / Tony Lemuz

Gifts – Doug & Mary Smith

Musicians – Choir

Sacristan – Kathy Couchman

Collection Counters: Jenny Ramsey / Jack Molleker

Sanctuary Cleaning – Amy Froetschner

Sunday, Sept. 13 – 24th Sunday in Ordinary Time

Lectors – Amy Simmons / John Kelty

Eucharistic Ministers

David O'Gwin (major) / Pam Hutfles (minor)

Servers – Wade Jacobs / Waco Jacobs / Emerson Sullivan

Ushers – David Hammeke / Bruce Kozlowski

Gifts – Shane Sundahl Family

Musicians – Choir

Sacristan – Kathy Hammeke

Collection Counters: Ray Colglazier / Norman Dreiling

Sanctuary Cleaning – Kathy Hammeke

Sunday, Sept. 20– 25th Sunday in Ordinary Time

Lectors – Okey Nwachukwu-Udaku / Berny Unruh

Eucharistic Ministers

Cathy Grover (major) / Kathy Hammeke (minor)

Servers – Adaeze / Onyinye / Amara Udaku

Ushers – Craig Schartz / Mike Tanner

Gifts – Dale & Berny Unruh

Musicians – Choir

Sacristan – Jane Kelty

Collection Counters: Kayla Lang / Craig Schartz

Sanctuary Cleaning – Shauna Nwachukwu-Udaku

Sunday, Sept. 27– 26th Sunday in Ordinary Time

Lectors – Kristy Hagerman / Kathy Couchman

Eucharistic Ministers

John Kelty (major) / Kathy Couchman (minor)

Servers – Faith Kelty / Grace Kelty / Camille Bowman

Ushers – Clayton Kelty / Daniel Kelty

Gifts – Amana Clark / Vicki Perez

Musicians – Choir

Sacristan – Emily Dreiling

Collection Counters: Kristy Hagerman / David O'Gwin

Sanctuary Cleaning – Cindy Perez