



SACRED HEART BEAT

FEBRUARY 2018

NEWSLETTER OF SACRED HEART PARISH

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What is Lent?

*The
Season
of
Lent*



During the month of February, we will celebrate Ash Wednesday and the beginning of the liturgical season of Lent. Receiving ashes on our foreheads is a sign of our mortality and our sinfulness. When we receive the ashes we are told either "Remember you are

Dust and to dust you shall return" or "Repent and believe in the Gospel".

Lent is the annual retreat of the people of God in imitation of Jesus' forty days in the wilderness. Forty is a significant number in the scriptures. Moses was on Mount Sinai seeking the face of God for forty days. The people of Israel were in the wilderness for forty years. The prophet Elijah fasted for forty days as he journeyed to the mountain of God. We are called to journey with the Lord in this season of prayer, fasting, almsgiving and penitence.

Prayer is, of course, about our relationship with God. We should ask ourselves what we can do to enhance our relationship with the Lord. Although we should pray on a daily basis throughout the year, we are called to enrich our prayer life during this period. This may be through spending time in adoration of the Blessed Sacrament, praying the rosary on a daily basis, attending the Stations of the Cross, or in other devotions. Fasting is about me and my self-discipline. How much self-mastery do I have over my desires or passions, particularly over unhealthy or sinful ones? Am I in control of myself or do my desires control me? Fasting involves some discipline over my own self which will enable me to give more of myself to the Lord and to others. Almsgiving is about how I relate to others. It is about giving to those who are in need. We are invited to share the love of God by being especially generous with our time, talent and treasure.

Penitence is about our feeling sorrow for, and turning away from sin. In his first letter (1 John 2:16), St. John refers to three categories of sin, which are referred to as Lust of the Flesh, Lust of the Eyes, and Pride of Life. Lust of the flesh refers to a desire for disordered bodily pleasure (such as sexual lust or gluttony). Lust of the Eyes refers to excessive desire for things of this world that we don't need or things that don't belong to us (including greed or envy). Pride of Life

refers to excessive self-love or acting like we are God (pride is considered to be the most serious of the seven deadly sins). We are able to combat these three categories of sin through fasting, almsgiving, and prayer, respectively.

May we all have a very holy and productive Lent, so that the light of Christ shines through each of us.

FEBRUARY AT A GLANCE

Feb. 1 ~ K of C Annual Sausage Supper, 5:00 to 7:30 PM

Feb. 6 ~ Knights of Columbus Meeting, 7:00 PM

Feb. 6 ~ Choir Practice, 7:00 PM, Choir Loft

Feb. 7 ~ PSR Classes (Gr. K-8), 6:00 to 7:30 PM

Feb. 7 ~ PSR Class (Gr. 9-12), 6:30 to 8:00 PM

Feb. 7 ~ RCIA, 7:00 PM

Feb. 8 ~ Stewardship Council Meeting, 6:30 PM

Feb. 11 ~ Kapaun's Men Study Group, 9:00 AM

Feb. 11 ~ Parish Outreach Meeting, 11:45 AM

Feb. 13 ~ Choir Practice, 7:00 PM, Choir Loft

Feb. 14 ~ Ash Wednesday Masses:

7:00 am, St. Bernard, Belpre • 6:30 pm, Sacred Heart

Feb. 14 ~ PSR Students attend Ash Wednesday Mass w/Family

Feb. 15 ~ Pastoral Council Meeting, 6:30 PM

Feb. 16 ~ K of C All-You-Can-Eat Fish Fry, 5:00 to 7:00 PM

Feb. 16 ~ Stations of the Cross, 7:00 PM

Feb. 19 ~ Heart to Heart Ministry Meeting, 6:30 PM

Feb. 20 ~ Finance/Property Meeting, 12:00 Noon

Feb. 20 ~ Choir Practice, 7:00 PM, Choir Loft

Feb. 21 ~ Adoration, 5:00 to 6:00 PM

Feb. 21 ~ PSR Classes (Gr. K-8), 6:00 to 7:30 PM

Feb. 21 ~ PSR Class (Gr. 9-12), 6:30 to 8:00 PM

Feb. 21 ~ RCIA, 7:00 PM

Feb. 22 ~ PSR Commission Meeting, 6:30 PM

Feb. 23 ~ Stations of the Cross, 7:00 PM

Feb. 27 ~ Choir Practice, 7:00 PM, Choir Loft

Feb. 28 ~ PSR Classes (Gr. K-8), 6:00 to 7:30 PM

Feb. 28 ~ PSR Class (Gr. 9-12), 6:30 to 8:00 PM

Feb. 28 ~ RCIA, 7:00 PM

Lenten Study Series

The Adult Religious Formation Commission would like to invite parishioners to an upcoming Lenten Study Series. The Four Last Things: Journey of a Soul is a 40-day exploration of the teachings of the Church and her saints on The Four Last Things: Death, Judgment, Heaven, and Hell. The series starts on February 18th following Mass (11:45 am) beginning with a potluck meal in the Parish Education Center. Please plan to join the group for a fascinating and enlightening discussion.

FINANCE/PROPERTY COMMISSION

- ❖ Met January 16th
- ❖ Members present: Bob Haymaker, Dennis Wilson, Jim Damm, Don Jensen, Leon Sanders, David Zecha, Jacques Molleker, Pam Huffles & Fr. Bernard. Unable to attend: G.L. VonFeldt, Connie Mauney & Kathy Couchman.
- ❖ Minutes of the November meeting were approved as presented.
- ❖ The group reviewed the financial report for December reflecting \$25,629.02 in income and \$19,384.99 in expenses for a net income of \$6,244.03. The balance sheet showed assets of \$434,849.59.
- ❖ Pam reported that the security cameras have been installed. There are presently a total of six cameras. The cameras view all the entrance doors to the parish center, the parking area in front of center, back rectory entrance and the church annex building.
- ❖ The sound system and new microphones have been installed in the church choir loft. This enables the choir to hear sound from downstairs. The system can also be turned on/off in the choir loft.
- ❖ Jim reported that Bev Howell will start in June, 2018 to restore and seal the murals in the church vestibule.
- ❖ David reported that he is presently refastening cushions to some of the kneelers in church.
- ❖ Next meeting: February 20, 2018 @ 12:00 Noon

LITURGY COMMISSION

- ❖ Met January 16th
- ❖ Members present: Linda Befort, Regis Lopata, Melinda Axman, Lee Durler, Jo Molleker, Mary Smith, Sharon McGinness, Sr. Rebecca & Fr. Bernard. Unable to attend: Sherry Lemuz, Kathy Stucker.
- ❖ Minutes from the September meeting were approved.
- ❖ Plans for Lent and Easter were discussed. Parishioners will be asked to bring their old palms which will be burned to make ashes for Ash Wednesday. Stations of the Cross will be every Friday during Lent at 7:00 pm. For Palm Sunday, blessing of palms with take place in the Parish Center for both Saturday and Sunday, then all will process to the church. There will be sign-up sheets in the vestibule for the Holy Week ministries. Holy Thursday Mass will be at 5:30 pm (St. Bernard at 7:30 pm); Good Friday Service at 6:00 pm (St. Bernard at 3:00 pm) and Holy Saturday Mass at 8:30 pm.
- ❖ Fr. Bernard shared that Bishop Brungardt will visit the weekend of April 28-29 to provide an update and thank you for our participation in the Vibrant Ministries Appeal.
- ❖ In celebration of the Feast of the Sacred Heart (Friday, June 8), plans were made to have an Ice Cream Social following the Saturday evening Mass on June 9th.
- ❖ Next meeting: April 17, 2018 @ 5:30 PM


**ASH
WEDNESDAY**
February 14, 2018

Masses with distribution of ashes are:
7:00 am at St. Bernard, Belpre
and 6:30 pm at Sacred Heart



PSR NEWS

The month of February brings us into the season of Lent. This year it brings with it a challenge right at the beginning. You may have seen on many social media sites and many memes that Ash Wednesday is inconveniently on Valentine's Day. Wow tough beginning for us as parents.

Ash Wednesday is a day of fasting and abstinence for us as Catholics. Fasting is expected from all those 18 and older and is simply reducing our food intake on that day to one regular meal and two smaller meals that combined are less than or equal to the one regular meal. We will all have different ways to approach this. We are also expected to abstain from meat on Ash Wednesday and the Fridays in Lent. Although the official age for this is 14 our children have fasted in one or another since they were about 2.

Although the requirement of fasting isn't officially put into effect until the age 18 I try to help our own children realize this expectation once they are school age. We begin simply by not eating between meals. Then as they get older we discuss the expectations of fasting now versus fasting in the early church which was often fasting from all food. We also discuss fasting from behaviors and how this can help us spiritually, emotionally and sometimes physically become a better and stronger person. I allow my children to self-monitor their food intake redirecting them when I see they are not following church teaching.

The week of Ash Wednesday is always difficult for Catholics because we have Wednesday and then two days later we have Friday which is also a day of abstinence from meat. This often makes for a long week for us mom's coming up with meals for our families. Gratefully at least the school district appears to have gone back to lent friendly meals (or at least they did last year) which definitely helps us out.

Finally, organizing the kiddos on what they are "giving up" for lent is always a big deal. In our home we do a "give up" and a "do better". We usually all give up a habit, food, or something else we love for the 40 days of lent and then we try to do something better that we struggle with. I make construction paper crosses that we write our items on and then we put them on our bedroom doors. We are not trying to flaunt what we are doing to everyone, but simply reminding ourselves of our sacrifices and do betters. Also, we use our "oops" moments when we forget or mess up as times to learn rather than excuses to give up or an opportunity to reprimand each other.

May the blessings of the upcoming lent season be shared in your home and as always know you are in our thoughts and prayers!!

Stacy Sanger and The PSR Commission



**FOOD PANTRY
OF PAWNEE COUNTY**

Sacred Heart Church provides coverage for the Pawnee County Food Pantry, on a rotating basis with other churches in the community, for one week approximately every 2-3 months (about 4x per year). The food pantry, located at 501 Main St., is open from 4:00 to 6:00 pm Monday through Friday. Volunteers are needed to staff the food pantry during the weeks assigned to Sacred Heart; each volunteer is asked to work one day per week for 2 hours, which is a total commitment of 8-10 hours per year. Volunteers are also needed to check the food collection baskets in the church vestibule each week throughout the year and deliver the food to the food pantry. If you can help with this ministry, please contact Sharon McGinness, 285-6382 (home), or 285-1227 (cell). Thank you!

FEBRUARY BIRTHDAYS

- | | |
|------------------------|------------------------|
| (01) Wendy Sundahl | (17) Jessie Fox |
| (03) Kraig Froetschner | (19) Emery Flores |
| Alexandra Garcia | Brennan Kelty |
| Grace Kelty | (20) Tiffany Loya |
| Leon Sanders | Mary Smith |
| David Sanger | Chelsea Steffen |
| Camille Steffen | (21) Karl Grover |
| (04) Dorothy Keenan | Jeret Johnson |
| Okey Nwachukwu-Udaku | David Schartz |
| (06) Kale Whetstone | (22) Doug Smith |
| (07) Tracy Rector | (25) Don Jensen |
| Jacob Simmons | (26) Victor Kreutzer |
| (09) Maxine Herman | Sue Latimore |
| Michael Pelaccio | Lynn Streit |
| Audrey Sanger | (28) Lindsey VanSickle |
| (10) Greg Finger | Billy Walker |
| (12) Fr. Bernard Felix | (29) Marvin Slagle |
| (13) Maverick Munden | |
| Phil Schreiber | |
| (15) Jenna Fisher | |
| Bob Haymaker | |
| Marley Palmer | |



FEBRUARY ANNIVERSARIES

- (04) Chuck and Darlene Orth
 (09) David and Kathy Hammeke
 (13) Dan and Christina Ryan
 (14) Bruce and Stacie Kozlowski
 (15) Brad and Michele Collins
 (18) Jamie and Gretchen Holopirek
 Regis and Kathy Lopata
 (20) Kraig and Amy Froetschner
 (28) Jacques and Jo Molleker
 Rosendo and Amanda Cenicerros



CONGRATULATIONS!

Chuck & Darlene Orth ~ Married 40 years



BAPTIZED IN CHRIST

Calvin Mark, the son of
 Kyle & Chelsy LeRoy on January 7, 2018

Karver Alan, the son of
 Andrew & Erica Froetschner on January 14, 2018

Claire Louise, the daughter of
 Bret & Paige (Bauer) Wilkens on January 20, 2018

NET INCOME/EXPENSES BEGINNING JULY 1, 2017

	DECEMBER	YTD
INCOME:		
Collections	17,892.25	95,455.68
Special Donations	1,180.00	4,215.00
Endowment		12,000.00
Interest	6.77	3,079.60
Farm		10,282.40
PSR	5,657.00	28,895.70
Fundraisers		1,970.89
Miscellaneous	<u>893.00</u>	<u>18,180.50</u>
TOTAL	\$25,629.02	\$174,079.77
EXPENSES:		
Stewardship	1,560.82	11,341.75
Salaries	11,162.80	67,997.20
Insurance		9,534.00
Utilities	1,702.57	9,573.41
Maintenance	501.01	5,955.91
Improvement		3,500.00
Office	1,543.97	5,894.43
PSR	607.95	15,007.90
Farm	1,813.92	2,121.15
Miscellaneous	<u>491.95</u>	<u>7,677.68</u>
TOTAL	\$19,384.99	\$138,603.43
		YTD: \$35,476.34

KNIGHTS FEBRUARY EVENTS

- February 1 49th Annual Sausage Supper (G)
 February 6 Knights of Columbus Meeting, 7:00 PM
 February 16 All-You-Can-Eat Fish Fry, 5 to 7 PM (R)

*Stations of the Cross and Benediction
 each Friday during Lent at 7:00 pm
 Sacred Heart Church*

*Lenten
 Devotionals*



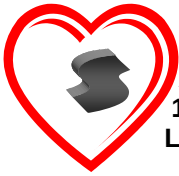
Remember with Prayer

- | | |
|----------------------|-----------------|
| Grace Perez | Betty Tauscher |
| Fheno Perez | Dorothy Edmonds |
| Terry Perez | Hazel Callahan |
| Maxine Ackerman | Mickey Perez |
| Karen Bidne | Clayton Kelty |
| Frank Garcia | Amy Herter |
| Norma Delaney | Catherine Orth |
| Jayden Waller | Trenton Welsch |
| John Harmon | Sue Haymaker |
| Sharon Larsen | Kevin Simmons |
| Fr. Warren Stecklein | Rita Sanger |
| Fr. Charles Mazouch | Marty Turner |
| Toni Wilson | |



All of our men and women serving in the
 United States military

THE STEWARDSHIP COUNCIL would like to extend a huge thank you to everyone who took the time to complete their Time and Ability form during the 2017 Stewardship Campaign this past November. After the results were tallied, there were 62 who signed up for a new ministry and 9 who decided to discontinue a ministry in which they were involved. For those members who decided to discontinue their involvement we say thank you for your service. We also thank those who decided to continue in their ministries. In looking at those parishioners who wish to continue to be involved, that total is 558 ministries! This number reflects that a number of parishioners are involved in multiple stewardship activities since our number of registered families is approximately 350. For this we say thank you for your continued involvement. Several who signed up to be involved in a new ministry will be asked to go through some training (Eucharistic Ministers, Servers, Lectors, etc.) You will be contacted during the next few weeks to make arrangements for that training. Thank you again for your willingness to be involved in our Parish!



SACRED HEART PARISH
1111 STATE STREET
LARNED, KS 67550

Return Service Requested

Non Profit Org.
Bulk Rate

U.S. Postage

PAID

Larned, KS 67550

Permit No. 41

Larned Knights of Columbus
ALL-YOU-CAN-EAT



Friday – February 16 – 5:00 to 7:00 PM

Friday – March 9 – 5:00 to 7:00 PM

Friday – March 23 – 5:00 to 7:00 PM

Adults: \$9.00 Ages 5 - 12: \$5.00

Four & Under - Free

K of C Hall on Scenic Drive

1216 M Road

Proceeds go toward charitable causes