



SACRED HEART BEAT

MAY 2020

NEWSLETTER OF SACRED HEART PARISH

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THE BLESSED VIRGIN MARY



The month of May we honor Mary. Why do we do this? The custom spans both centuries and cultures, with roots going back as far as the Ancient Greeks. In early Greece, May was dedicated to Artemis, the goddess of fecundity. In Ancient Rome, May was dedicated to Flora, the goddess of blossoms. They celebrated ludi florals, or floral games, at the end of April and asked the intercession of Flora for all the blooms.

In medieval times, similar customs abounded, all centering around the practice of expelling winter, as May 1 was considered the start of new growth.

During this period, the tradition of Tricesimum, or "Thirty-Day Devotion to Mary," came into being. Also called, "Lady Month," the event was held from August 15-September 14 and is still observed in some areas.

The idea of a month dedicated specifically to Mary can be traced back to baroque times. Although it wasn't always held during May, Mary Month included thirty daily spiritual exercises honoring Mary.

It was in this era that Mary's Month and May were combined, making May the Month of Mary with special devotions organized on each day throughout the month. This custom became especially widespread during the nineteenth century and remains in practice until today.

Why should this attention be given to Mary? Mary is the Mother of God. Have you ever had a discussion with someone who claims that Mary is no-on-special? Their reaction often rests upon a misapprehension not only of what this particular title of Mary signifies but also of who Jesus was.

A woman is a man's mother either if she carried him in her womb or if she was the woman contributing half of his genetic matter or both. Mary was the mother of Jesus in both of these senses, because she not only carried Jesus in her womb but also supplied all of the genetic matter for his human body, since it was through her—not Joseph—that Jesus "was descended from David according to the flesh" (Rom.1:3).

Since Mary is Jesus' mother, it must be concluded that she is also the Mother of God: If Mary is the mother of Jesus, and if Jesus is God, then Mary is the Mother of God. There is no way out of this logical syllogism.



Here are ten ways that we can show our love and devotion to the Blessed Virgin Mary in her month; the month of Mary.

- 1) Consecration – The first gesture we should do every morning is prayer – a prayer of consecration to Jesus through the Immaculate Heart of Mary.
- 2) Angelus/Regina Caeli – Queen of Heaven, rejoice, alleluia. For he, whom you did merit to bear, alleluia. Has risen as he said, alleluia. Pray for us to God, alleluia.
V. Rejoice and be glad, O Virgin Mary, alleluia.
R. For the Lord is truly risen, alleluia.
Let us pray: O God, who gave joy to the world through the resurrection of thy Son, our Lord Jesus Christ, grant we beseech thee, that through the intercession of the Virgin Mary, his Mother, we may obtain the joys of everlasting life. Through the same Christ our Lord. Amen.
- 3) Consecrate the Home and Family to the Immaculate Heart of Mary. – Prepare for the consecration by a nine-day novena of Rosaries and prayers and culminate with the priest blessing the image as well as the home and family members.
- 4) Consecration of the Self – Go through the formal process of consecration of your whole being to Jesus through Mary.
- 5) Imitate Mary – If we truly love somebody, then we want to get to know them better, follow them more closely and finally to imitate their good qualities that we call virtues.
- 6) Temptations? Call on Mary – We should not fight alone against the devil, the flesh and the world. Rather, in the heat of temptation, when all seems to be lost call upon the Holy Name of Mary; pray the Hail Mary!
- 7) Mary and the Liturgical Year – Read and meditate attentively the Apostolic Letter of Pope Paul VI *Marialis Cultus*, which clearly explains the presence of Mary in the Liturgical calendar.
- 8) Reading on Mary – Read the Apostolic Letter of Saint John Paul II *Blessed Virgin Mary and the Rosary*. This spiritual gem combines both solid catholic doctrine (Mariology) with a tender love and devotion to Mary.
- 9) Marian Apostle – Become an ardent and fervent and passionate Apostle of Mary. One of the most famous modern Marian saints is Saint Maximilian Kolbe. He distributed the Miraculous Medal.
- 10) The Most Holy Rosary – In Fatima Our Lady appeared six times to the Shepherd children—Lucia, Jacinta and Francisco. In each and every apparition Our Lady insisted upon the praying of the most Holy Rosary.

Adult Religious Formation Team Commission – Mary Mitchell

Resources obtained from Catholic Answers, EWTN and Catholic Exchange

<https://www.ewtn.com/catholicism/teachings/blessed-virgin-mary-her-privileges-and-relation-to-christ-and-his-church-210>

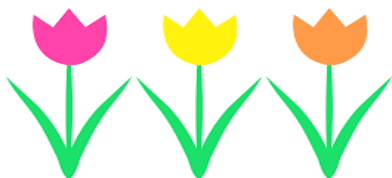
Fr. Bernard will continue to offer Masses by himself.
The Sunday morning 10:30 am Mass is available to
view livestream on Facebook.

The Northeast door of the Church will be open from 9:00 am
to 7:00 pm each day for anyone wishing to make a prayerful
visit to the Blessed Sacrament.

Confessions can be heard at Sacred Heart Church on
Saturday's beginning at 4:00 pm.

We encourage parishioners to continue sharing your tithe
and alms to the parish by checks mailed to the church, or
left in the drop box by the front door of the parish center.

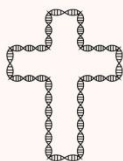
All the faithful are encouraged to join together in prayer to
our Loving God for the health and protection of our diocese,
nation and world for an end to this crisis.



Bishop Douglas J. Lucia has written a special novena prayer for
an end to the coronavirus pandemic. The text of the nine-day
prayer is below.

NOVENA PRAYER FOR AN END TO THE CORONAVIRUS PANDEMIC

O Mary, full of grace, Patroness of
this nation and Mother of the
Church, in this time of illness and
worldwide need we seek your
intercession for the human family
before your Son's throne of grace
and mercy. We ask for strength in
adversity, health in weakness, and
comfort in sorrow. Help us, O
Blessed Mother, to be filled with
confidence and trust in the
tender compassion of our God. Let
us not be afraid, like our own
Saint Marianne Cope, who
entrusted her life and ministry
among the outcasts of society
into the care of our Divine
Physician. Continue to watch over
all who are sick as well as those
who care for them and give
wisdom to all who are seeking a
cure. We ask this through Christ,
our Lord.
Amen.



PSR NEWS



Our first month of home school PSR is over. I hope that you have found the extra time with your children a time that you can reconnect and enjoy each other's full presence. Although the situation has proven to be a struggle at times in our home, I have found the extra time together has been such a blessing. We have used it to have more activities together, practice patience with one another, improve our problem solving and creativity skills, and figure out ways to spend more time with the Lord and learning about our faith. We have done this by practicing different ways to pray, from scripture study of the daily readings and spending quiet time at church to answering simple questions about how to connect our highs and lows in the day to the Lord. Also we have learned more about Him by sharing our own likes and dislikes and feelings about different things. As we have taken the time to learn these things about one another, we have begun to see Christ in our own family members more clearly. We also have begun to understand the struggle we each are facing right now, may be different from our own and therefore we must adjust our response to each other's pain and mourning the losses we are enduring.

We have also all learned to cook more. I have found that cooking for each other and cleaning up after each other has provided so many of life's lessons for my kids all wrapped up into one activity that we have to do every day. We learn math, reading, and science and occasionally some social studies. I have learned how to demonstrate patience in some of the hardest circumstance as I teach my children how to cook and at times how to accept failure gracefully. On the days I have felt really daring I have encouraged two of my children to cook together. On those days I often question my own sanity, and I hope that at some point they will learn to use kind words and help each other through the recipe without having to go to confession afterwards.

As we continue to walk through this journey I ask that you stay in touch with us on the PSR page as we have been providing a variety of lesson ideas and parenting helps and there are a variety of Sunday Masses your family can enjoy online. The diocese has cancelled all summer school activities, but they have also provided our parish with the activities and tools to possibly hold our own camp in July, so keep your eyes open for this. Finally please pray for our First Communicants and Confirmandi as they continue to wait for a greenlight and a game plan for the reception of these sacraments. They have such a heavy cross to bear and yet have done so very gracefully.

Blessings!!

Stacy Sanger and the PSR Commission

MAY BIRTHDAYS

- | | |
|---|---|
| (01) Mary Ann Haynes | (18) Theresa Kreutzer |
| (03) Caden Kelty
Trenton Wright | Jenny Ramsey
Kasie Rector |
| (04) Stephen Scharz | (19) Ignacio Gonzalez |
| (05) Jo Molleker
Cory Webster | (20) Julie Snyder |
| (06) Rita Schaller | (21) Dominic Geniuk |
| (07) Scott Burd
Ann Ellis
Faith Kelty | (22) Jay Garcia
Joe Garcia
Justin Smith |
| (08) Emmet Fisher
Grace Fisher
Sarah Fisher
Todd Keenan
Paisley Steffen | (23) Rebecca Hulse
Darlene Orth
Ralph Streit
G.L. VonFeldt |
| (09) Isabella Bailey | (24) Jeanette Johnson |
| (11) Kristen Snodgrass | (25) Gary Hulse
Jerry Johnson
Caleb Sanger |
| (13) Robert Lemuz | (26) Faye Hogan |
| (14) Jobany Ramirez
Larry Skelton | (28) Kylee Reece
Khloe Smith |
| (15) Gillian Smith | (29) Lee Gilcris |
| | (31) Lauryn Snodgrass |



MAY ANNIVERSARIES

- (01) Lloyd and Leeta Degenhardt
(09) Shane and Jessie Weiszbrod
(10) Jim and Judy Damm
Tyson and Chelsea Steffen
(14) Phil and Becky Martin
(22) Bud and Brenda Johnson
(23) Charlie and Linda Befort
(24) Mike and Julie Martel
(25) Scott and Beverly Burd
Bryan and Karen Stacey
(26) Steve and Terry Martin
(31) Roger and Dee Myers



CONGRATULATIONS!

Lloyd & Leeta Degenhardt ~ Married 55 years
Roger & Dee Myers ~ Married 40 years

Remember with Prayer

Grace Perez	Betty Tauscher
Fheno Perez	Sharon Larsen
Don Jensen	Corrine Brack
Eleanor Sanders	Mickey Perez
Ann Haremza	Clayton Kelty
Frank Garcia	Sue Haymaker
Jayden Waller	Trenton Welsch
John Harmon	Kevin Simmons
Fr. Warren Stecklein	Ryan Shelton
Fr. Charles Mazouch	Jeanne McDonald



All of our men and women serving in the
United States Military

NET INCOME/EXPENSES BEGINNING JULY 1, 2019

	MARCH	YTD
INCOME:		
Collections	10,697.10	143,698.12
Special Donations	780.00	4,170.00
Endowment		3,500.00
Interest	10.81	3,939.62
Farm		8,705.30
PSR		21,358.50
Fundraisers		2,294.59
Miscellaneous	756.00	14,056.31
TOTAL	\$12,243.91	\$201,722.44
EXPENSES:		
Stewardship	1,457.32	16,043.74
Salaries	10,879.53	110,122.07
Insurance	1,699.00	16,091.00
Utilities	1,679.06	17,911.48
Maintenance	275.15	8,815.76
Improvement	1,685.00	1,685.00
Office	1,080.95	10,754.56
PSR	266.03	18,042.26
Farm	881.44	3,586.55
Miscellaneous	1,628.33	12,586.96
TOTAL	\$21,531.81	\$215,639.38
		YTD: (\$13,916.94)

If You Can't Receive Communion, Make a Spiritual Communion

Act of Spiritual Communion

The Church encourages frequent, even daily, Holy Communion, but if at any time we cannot go to Mass in or out of this season of the coronavirus, we can still unite ourselves to the Eucharist through making a spiritual Communion.

By making an Act of Spiritual Communion, we express our faith in Christ's Real Presence in the Eucharist and ask him to unite himself with us. Here is the Act of Spiritual Communion written by St. Alphonsus de Liguori:

My Jesus,
I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and unite
myself wholly to You. Never permit me to be separated from You.
Amen.



2020 Graduates' Of Sacred Heart Parish

We would like to recognize our High School graduates of the parish. We offer congratulations to and blessings upon: **Brandon Cenicerros, Ben Kelty, Mason Perez, Chance Sanger, Brock Skelton and Sebastian Whittington.** We pray for success and happiness to each of you!



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1111 STATE STREET
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